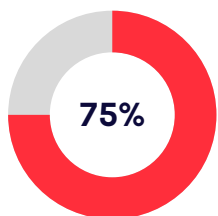
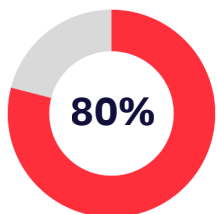


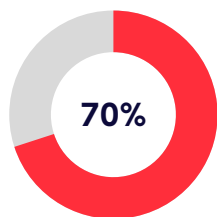
Bridging the Gap



75% of students feel better prepared for the demands of post 16 education

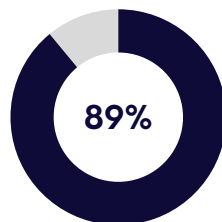


80% of students think the time management techniques learnt will be beneficial in the future

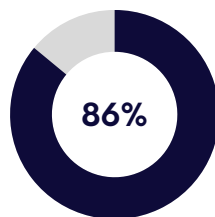


70% of students feel this workshop has helped them to become more self-sufficient when studying

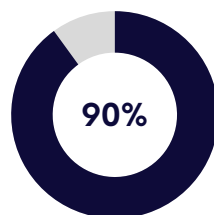
Goal Setting



89% of students now understand what a goal is

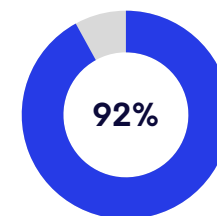


86% of students can now identify their goals

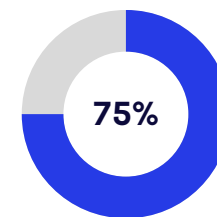


90% of students know what steps they need to take in order to achieve their goal

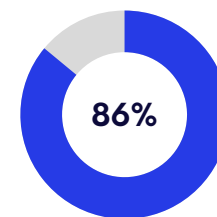
Super Speed Study Skills



92% of students feel they will be able to study more effectively

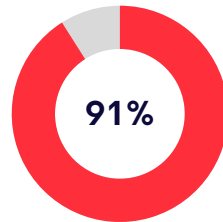


75% of students said they now feel more motivated to learn

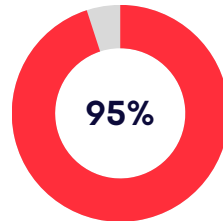


86% of students feel the skills they learnt in the workshop will help them manage their time

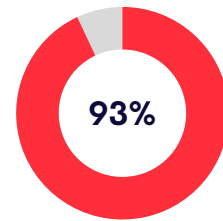
Mind Mapping



91% of students will use these Mind Mapping techniques in their studies

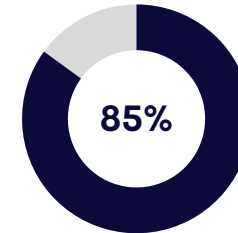


95% of students now understand how mind mapping works and why it's such an effective technique

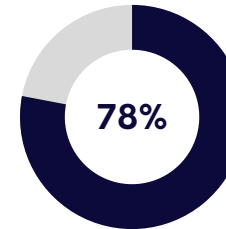


93% of students now feel using images and colour will improve their ability to remember information

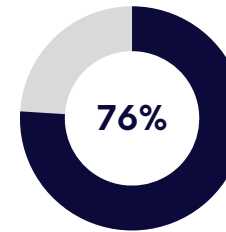
Resilience



85% of students have learnt techniques to help manage their emotions



78% of students feel they will be able to cope better in stressful situations

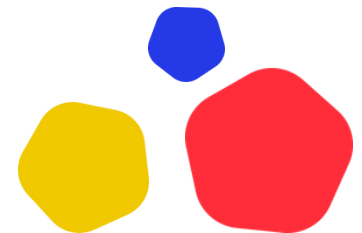


76% of students feel they now know how they can change habitual thought patterns

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Student Feedback

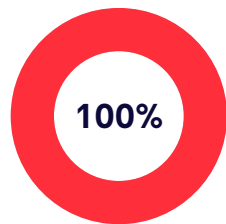
- "I really liked it and it was really helpful. I think I will use the techniques they taught me in my studies"
- "It improved my self-confidence "
- "It was extremely helpful and gave me many studying strategies "
- "I thought the workshop was really nice in explaining how mind map work and how to create them"
- "It was great and interesting, the staff members are very kind and taught well getting the attention of all the classmates! Good job! 🙌🥰😄😊💯👍🎉🥳🥹🥺"
😭😭😭❤️❤️❤️"
- "It was really good! Very interesting! Really clever presentation!"
- "I really enjoyed the learning experience "
- "I thought it was very captivating and helped me understand better a more effective method for studying "
- "Great experience"



Parent Feedback:

- “Extremely interesting thanks”
- “Excellent from start to finish! Really practical tips!”
- “Great and inspiring!”
- “I thoroughly enjoyed the session. My son will participate tomorrow so not sure”
- “Brilliant methodology!”

Teacher Feedback:



100% of the teachers said they will be implementing some of the ideas and techniques into their teaching

When asked what further support their students would benefit from, teachers identified the following key areas:

- **Motivation and Aspirations**
- **Communication and soft skills**
- **Mental Health & Awareness**

