

Resit Success Programme

Regroup. Refocus. Resit.

When students suffer an academic setback, it can severely impact their overall outlook on life. This is especially true for students who may have failed their GCSEs more than once. This high-impact programme will help students develop a growth mindset and give them the skills they need to approach their resits with confidence and positivity.



Programme overview

The Resit Success Programme consists of three highly engaging, practical workshops and is designed to support students who need to resit their GCSE exams.

This three-day programme would ideally be delivered over the course of a single academic year and to maximise the impact, we recommend the workshops be delivered in the following order:

- **Super Speed Study Skills**
- **Resilience**
- **Exam Mastery**

In addition to the live workshops, you also have the option of subscribing to our [Online Resources Hub](#), which is a great way for students to consolidate the ideas and techniques we teach and is a cost-effective way to enhance the impact of the Resit Success Programme.



Aims of the programme

The overall goal of the Resit Success Programme is to prepare students for resitting their English and Maths GCSEs. We do this by:

- Equipping students with a wide range of effective study skills and developing their metacognition
- Boosting their resilience and promoting a positive, healthy attitude to learning and exam preparation
- Introducing them to advanced information recollection techniques that will help them mitigate stress and ace their exams

"We used Positively You to give the students additional support with exam preparation. The sessions were informative, lively and paced just perfectly."

Telford College

We are Positively You

We are the UK's leading provider of enrichment workshops and resources. For over 20 years we've supported students, teachers, and parents with our transformative and inspirational interventions.



Programme content

Across the three workshops in this programme, students will be introduced to a vast array of techniques that will help them approach their resits with confidence and determination.

Some of these include:

- Mind and Concept Mapping
- Cornell Note Taking System
- The Feynman Technique
- Past Papers and Mark Schemes
- Circle of Control
- Emotional Backpack
- The Pomodoro Technique



Benefits

Students who experience the Resit Success Programme will not only be better prepared for their GCSE resits, but will have a more positive attitude towards learning.

Students will benefit from the ideas and techniques in this programme long after they leave education.



Practicalities

The Resit Success Programme is a three-day intervention that can be delivered face-to-face or online. Each day can be broken down as follows:

- 4 x 1-hour workshops
- 2 x 2-hour workshops
- 3 x 80-minute workshops

Each workshop can accommodate up to 100 students (but we can be flexible and work around your timetable).

Additional time is available on request - contact us for details.