

Making Informed Decisions

Empower students to trust their judgement and make positive decisions.

Making informed decisions is one of our education workshops, aimed at Years 9-13, and helps equip students with decision-making and critical-thinking tools.

This collaborative and inspiring workshop enables students to feel more confident in their own judgement and choices while developing a positive mental attitude. With a strong focus on careers, the workshop aligns with the Gatsby Good Career Guidance. Students will focus on Benchmarks 2 and 4: learning from career and labour market information and linking curriculum learning to careers.



Aims of the workshop

- To promote failure as a form of growth that can positively influence the future
- To enable students to make good, informed and positive decisions
- To provide students with practical tools and a decision-making template
- To build communication skills, particularly in the digital space



Benefits

This workshop will equip students with a comprehensive, soft-skills toolkit that they can refer to and rely upon throughout their educational (and life) journey. Students will leave the workshop feeling enthused, positive and prepared to step outside of their comfort zone to tackle each decision they encounter.

"The students really enjoyed this workshop. It was highly interactive and thought-provoking."

Teacher

Book your workshop

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Workshop overview

Making Informed Decisions is an uplifting, interactive and aspiration-raising workshop designed to improve soft skills. With a particular focus on communication, decision-making and critical-thinking skills, this workshop raises confidence and aspirations and helps develop positive attitudes towards the challenges faced both in and out of school.

This multi-sensory learning workshop is ideal for students in Years 9-13 and is tailored depending on the age of participants.



Workshop content

During this workshop, students will:

- Take part in a debating exercise
- Be introduced to the concept of the 'mental fridge'
- Understand how to 'find the filler'
- Participate in a 'what would you do?' decision-making activity



Results

Students leave the workshop with:

- An expanding growth mindset
- An understanding of how their perception can build confidence
- Increased awareness around how they can develop a default positive mindset



Practicalities

Your Positively You event can be broken down as follows, depending on your timetable:

- 4 x 1-hour workshops
- 3 x 80-minute workshops
- 2 x 2-hour workshops

Each workshop can accommodate no more than 100 different students and can be delivered face-to-face or online.

We are Positively You

We are one of the UK's leading providers of educational workshops. For over 20 years, we've delivered transformative student workshops, inspiring teacher development sessions and supportive resources for parents.