

Rip-Roaring Resits

Everything your students need to improve exam performance and tackle their resits with confidence.

When students feel like they have failed, it can knock their confidence. But this fast-paced, high-energy, interactive workshop will pick them up again and put them back on the track for success. It is specifically designed to increase motivation in students retaking English or Maths GCSEs and will improve memory skills, boost revision skills and grow self-confidence.



Aims of the workshop

- To help post-16 students build their confidence and develop a positive mindset for resitting Maths or English GCSEs
- To provide effective tools and techniques to organise workloads, improve revision strategies and boost performance in exams
- To increase motivation in students



Benefits

Students will leave the Rip-Roaring Resits workshop feeling energised, enthusiastic and far better prepared to tackle their workload and face their exams with confidence. Using a unique combination of time management strategies, stress management techniques and memory tools, we show students how to manage their workload and improve their revision skills while building confidence and managing stress.



Workshop overview

Designed for post-16 learners resitting English or maths GCSEs, this workshop shows students how to prepare for exams to maximise their chance of success. Students will learn powerful techniques that build confidence and aspiration, and enhance performance.

This workshop will also benefit any students who need:

- The skills to prepare themselves mentally and physically for exams
- To improve learning skills
- Extra exam support
- Added confidence to aim higher

"The day was well run and well organised."

Head Teacher

Book your workshop

01983 294737

positivelyyou.org.uk

info@positivelyyou.org.uk



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Workshop content

The Rip-Roaring Resits workshop is packed with tailored content that is adapted to the needs of your students. It includes, but is not limited to:

- A range of practical memory and analysis tools
- The "Miracle Morning" concept
- Relaxation techniques for preparing for exams
- The traffic light revision system and the smart, free-time timetable
- State-management techniques



Results

Students report feeling:

- More positive about their exams
- Better equipped to cope with the pressure they face in and outside of school
- Ready to learn, with an improved attitude and sense of responsibility towards their education



Practicalities

Your Positively You event can be broken down as follows, depending on your timetable:

- 4 x 1-hour workshops
- 3 x 80-minute workshops
- 2 x 2-hour workshops

Each workshop can accommodate no more than 100 different students and can be delivered face-to-face or online.

We are Positively You

We are one of the UK's leading providers of educational workshops. For over 20 years, we've delivered transformative student workshops, inspiring teacher development sessions and supportive resources for parents.